

# Manual Handling Instruction

QQI Level 6 (6S0242)

**Become a Manual Handling Instructor and reduce the risks in your workplace.**

## Manual Handling Instructor

The aim of this award is to enable learners to effectively design and deliver Manual Handling Instruction for the workplace. The programme will enable learners to deliver training which can be specifically tailored to the local Manual Handling conditions. It will ensure competency in the preparation of Manual Handling Risk Assessments. This programme will have a duration of 5 days. Delivery of this programme may be delivered in house or offered on a public basis in venues around the country. The facilitation of this programme will consist of a variety of lectures, practical demonstrations and student centred learning. There is a total of 5 modules that are covered, all modules are compulsory which lead to the Level 6 Certification in Manual Handling Instruction (6S0242)

## Course Programme

Unit 1 Legislative requirements for manual handling and health benefit

Unit 2 Anatomy and back care

Unit 3 Ergonomic principles and manual handling risk assessment

Unit 4 Manual handling principles and techniques

Unit 5 Planning and design of manual handling training courses

Unit 6 Delivery of manual handling training courses

## Certification

In successful completion of this course learner's will receive a [QQI](#) Level 6 Manual Handling Instructor Certificate. This is a requirement by the [HSA](#) for manual handling training.

