



KELRON HEALTH AND SAFETY SERVICES

FETAC LEVEL 5

OCCUPATIONAL FIRST AID



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Our First Aid at Work training course is designed to follow the national guidelines of Occupational First Aid laid down by the health & Safety Authority. All of our tutors for this course are recognized to teach and carry out examinations to set standards.

Successful students will receive a certificate qualifying them for two years as an Occupational First Aider from Kelron Health and Safety; a FETAC certificate will follow subject to the student meeting the course criteria.

1. Approach to an Accident

Assessing the Area
Making the Area Safe
Giving Emergency Aid
Getting Help
Calling an Ambulance
Intro to Bandaging

2. Heartsaver CPR & AED

How do we Breathe?
Problems with your Heart
What is CPR?
Assessing the Casualty
1 & 2 Persons CPR
Infant & Toddler CPR (Where Necessary)
Using an AED
Choking (Various ages Where Necessary)

3. Wounds, Bleeding & Trauma

Internal & External Bleeding
Treatment of Internal Bleeding
Types of Wounds
Treatment of External Bleeding
Various Bandaging Techniques

4. Fractures & Broken Bones

The Skeleton
Types of Fracture
Recognition of a Fracture
Treatment of Various Fractures
Soft Tissue Injuries (Sprains & Strains)
Treatment of Sprains & Strains

5. Spinal Injuries

The Spine
Signs & Symptoms of Spinal Injuries
Cause & Control of Spinal Injuries

6. Burns & Scalds

What is a Burn or a Scald?
Types of Burns
Treatment for General Burns
Electrical Burns
Chemical Burns
Clothing on Fire

7. Medical Emergencies

Asthma, Epilepsy, Diabetes
Poisoning & Overdose
Heart Attack, Stroke

8. Casualty Transportation

Chair Lifts

Hand Lifts

Casualty Movement

9. Student Examination

Oral Questions

Practical Assessment

Written Question Paper

Occupational First Aid

The programme will enable learners to deliver First Aid. It will ensure competency in the preparation of First Aid assessments.

Delivery of this programme may be in-house or is offered on a public basis in venues around the country. The facilitation of the program will consist of a variety of lectures, practical demonstrations and student centered learning.

With a duration of 3 days this programme may provide transfer to other awards at Level 6.

Learner Profile

This programme is open to all learners specifically those who have a responsibility in health & safety within their work environment.

How many will be in the class?

To ensure maximum participation and to enable each student gain the most out of the day, we are adopting the ratio of a maximum of 10 students per course.

What certification will I receive?

Our course has been validated by Fetac . Successful students will receive a Fetac Level 5 Occupational First Aid certificate.

It is our belief at Kelron, that people learn more when they are involved. We therefore will encourage each student to define their specific requirements and then design the course content where possible to address their needs.

What do I need to provide before the course?

You need to fill out the booking form which is available at the back of this document.

Occupational First Aid

Booking Form

Name

Telephone

Mobile

Email

Address

PPSN Number

Date of Birth

Preferred venue and date:

In the unlikely event of a course failing to reach any minimum student number, you will be offered a full refund or a place on the next available course.

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