



**KELRON HEALTH AND SAFETY SERVICE**

# **BASIC**

# **FIRST AID**

# Basic First Aid

Participants who have completed this course will be able to:

- 1. Assess the scene
- 2. Assess the Injury
- 3. Deal effectively with common injuries

## Who Should Attend?

Employees who need to deliver emergency first aid before the arrival of the Designated Occupational First Aider.

**Note:** This course will not meet a company's First Aider Requirements under the current Health & Safety Legislation but is an excellent way to increase the level of first aid awareness in the workplace.

## Course Programme:

- CPR
- Recovery Position
- Wounds and Bleeding
- Sprains, Strains & Dislocation
- Burns & Scalds
- Medical Emergencies

## Training Methodology:

All Courses are classroom based; they are highly interactive with role-playing and practical exercises to reinforce understanding and learning.

# Basic First Aid

The programme will enable learners to deliver First Aid. It will ensure competency in the preparation of First Aid assessments.

Delivery of this programme may be in-house or is offered on a public basis in venues around the country. The facilitation of the program will consist of a variety of lectures, practical demonstrations and student centered learning.

With duration of 1 day this programme may provide transfer to other awards at other Levels.

## **Learner Profile**

This programme is open to all learners specifically those who have a responsibility in health & safety within their work environment.

## **How many will be in the class?**

To ensure maximum participation and to enable each student gain the most out of the day, we are adopting the ratio of a maximum of 10 students per course.

## **What certification will I receive?**

Successful students will receive a First Aid certificate.

It is our belief at Kelron, that people learn more when they are involved. We therefore will encourage each student to define their specific requirements and then design the course content where possible to address their needs.

## **What do I need to provide before the course?**

You need to fill out the booking form which is available at the back of this document.

Occupational First Aid

# Booking Form

Name

Telephone

Mobile

Email

Address

PPSN Number

Date of Birth

Preferred venue and date:

In the unlikely event of a course failing to reach any minimum student number, you will be offered a full refund or a place on the next available course.

Kelron Health and Safety Hebron Industrial Estate Kilkenny  
Tel: [056 7770447](tel:0567770447) E-mail: [kelron@eircom.net](mailto:kelron@eircom.net) Web: [www.kelron.ie](http://www.kelron.ie)

